

**PARTICIPANTS:**

The Center is non-denominational and serves all people aged 60 or older that live within the City of Alexandria.

**NEW PARTICIPANT REGISTRATION:**

A short registration process is used to assess a prospective participant's needs and to meet Administrative requirements. Please call 703-751-2766 to make an appointment.

**SENIOR OPPORTUNITIES:**

The Center promotes happiness and independence through health and wellness, social, educational, recreational, and cultural opportunities. Referrals are made to other services throughout the community. Nutritious lunches are served daily.

**CENTER LOCATION:**

The Center is located at **4650 Taney Avenue, Alexandria**, across the street from the Patrick Henry Elementary School and Rec Center. Take Seminary Road to North Jordan then turn right on Taney Avenue.

**TRANSPORTATION AND MEALS:**

The City of Alexandria provides door-to-door bus transportation and daily lunch. Registered participants can make bus or meal reservations by calling 703-751-2766, one day in advance before 11:00 am.

**PARTNERS OF ST. MARTIN DE PORRES SENIOR CENTER:**

This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.

**HELPFUL INFORMATION SOURCES:**

- **City of Alexandria Division of Aging and Adult Services: 703-746-5999**
- Alexandria DOT Transportation: 703-746-4079
- Alexandria Meals-On-Wheels: 703-836-4414 x.110 Marshall Hespe
- Alexandria Senior Taxi: 703-746-5999 x1
- Arlington County Agency on Aging: 703-228-1700
- Fairfax Area Agency on Aging: 703-324-7948
- Legal Services of Northern Virginia: 703-778-6800 Mon-Thurs 9:30-12:30, 1:30-3:30
- Catholic Charities Emergency Assistance: 703-548-4227, 703-548-4881
- **Catholic Charities Diocese of Arlington Senior Services: 703-751-2766**

**ST. MARTIN DE PORRES SENIOR CENTER STAFF:**

Juanita Balenger, Senior Center Program Director

Luis Angel, Senior Center Assistant Director

Maria Mellor, Activities and Food Service Assistant, Volunteer Coordinator



# ST. MARTIN DE PORRES SENIOR CENTER

**ALL SENIORS WELCOME!**

**Welcome Back!!**

This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.



# April 2023

4650 Taney Ave. Alexandria, VA 22304

Phone: 703-751-2766

[www.cdda.net/seniorservices/](http://www.cdda.net/seniorservices/)

**CENTER OPEN:** MONDAY – FRIDAY  
8:30 A.M. – 1:30 P.M.

**OFFICE HOURS:** 8:00 A.M. – 4:00 P.M.

# Happy Birthday!

April Birthdays!

04 – Leigh Charley  
14 – Esther Activie  
14 – Tseggai Gide  
20 – Legesse Erbo



Our Birthday Party will be on  
Wednesday, April 19

Musical Entertainment provided  
by DJ Robby G.



## **\*\*Reminder\*\***

**-Bus reservations  
must be made at least  
one day in advance  
by 11 am.**



**-Lunch**

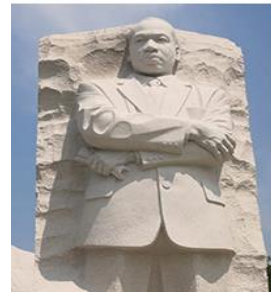
**reservations must be  
made at least one day  
in advance by 11am.**



# FIELD TRIPS

Wednesday, April 5: Walking Tour of the Franklin Roosevelt  
and Martin Luther King Jr. Memorials

We will be going on a walking excursion to visit two famous  
D.C. Memorials, the FDR and MLK Jr. Memorial. It is  
currently peak cherry blossom viewing season so we will be  
able to learn about two famous americans, and get a chance  
to see the cherry blossoms in DC. Seating on the bus is  
limited to 20 seats, open on a first come first serve basis. Bus  
pick up begins at 8:30 and we will be leaving the center at  
9:30. Last day to sign up is April 4th at 11:30. Please sign up  
with Maria **in person while she is in her office.**



Wednesday, April 26: The Freer Gallery of Arts Museum

We will be going to Freer Gallery of Art Museum, also  
known as the National Museum of Asian Art. Join us  
for a chance to see art and sculptures from different  
Asian countries. Seating on the bus is limited to 20 seats,  
open on a first come first serve basis. Bus pick up begins at  
8:30 and we will be leaving the center at 9:30. Last day to sign  
up is April 25th at 11:30. Please sign up with Maria **in person  
while she is in her office.**